



Afternoon Snack Term 2 2018

“The Service aims to meet the nutritional needs of children and to promote healthy eating habits by providing quality, health-building foodstuffs and fluids. The emphasis shall be placed on fresh and natural food that is high in fibre and low in fats and added sugar.”

Week 1: Week Commencing 16th April 2018

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese, carrots sticks & Salada Biscuits	Soup and bread/Toast	Cake and Milo	Special Treat	Rice cakes with jam or vegemite

Week 2 Week Commencing 23rd April 2018

Monday	Tuesday	Wednesday	Thursday	Friday
Fresh fruit and cookies	Cheese, carrots sticks and biscuits	ANZAC DAY SERVICE CLSOED	Beef 2 minute Noodles	Special Treat

Week 3 Week Commencing 30th April 2018

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese, carrots sticks & Salada Biscuits	Soup and bread/Toast	Cookies and Milo	Special Treat	Rice cakes with jam or vegemite

Week 4: Week Commencing 7th May 2018

Monday	Tuesday	Wednesday	Thursday	Friday
Fresh fruit and cookies	Cheese, carrots sticks and biscuits	Baked beans and toast	Beef 2 minute Noodles	Special Treat

Afternoon Snack is served with a mixed fruit platter, Weetbix (Low GI Food) and a drink of milk or water

If you feel that your child will not enjoy the meals provided, please pack a sandwich and a piece of fruit. Please note that we are a nut and seafood free program, so do not pack peanut butter, Nutella or tuna.



Afternoon Snack Term 2 2018

“The Service aims to meet the nutritional needs of children and to promote healthy eating habits by providing quality, health-building foodstuffs and fluids. The emphasis shall be placed on fresh and natural food that is high in fibre and low in fats and added sugar.”

Week 5: Week Commencing 14th May 2018

Monday	Tuesday	Wednesday	Thursday	Friday
salad sandwiches	Cake and Milo	Rice crackers with jam or vegemite	Special Treat	Fresh fruit and cookies

Week 6: Week Commencing 21st May 2018

Monday	Tuesday	Wednesday	Thursday	Friday
Special Treat	Rice cakes with jam and vegemite	Cheese, carrots sticks and biscuits	Mixed Sandwiches	Baked beans and toast

Week 7: Week Commencing 28th May 2018

Monday	Tuesday	Wednesday	Thursday	Friday
Beef 2 minute Noodles	Special Treat	Cookies and Hot Chocolate	Hot soup and wholemeal bread	Rice Cakes with jam or vegemite

Week 8: Week Commencing 4th June 2018

Monday	Tuesday	Wednesday	Thursday	Friday
Spaghetti	Baked beans and toast	Mixed Sandwiches and fresh fruit	Cheese, carrots sticks & Salada biscuits	Special Treat

Afternoon Snack is served with a mixed fruit platter, Weetbix (Low GI Food) and a drink of milk or water

If you feel that your child will not enjoy the meals provided, please pack a sandwich and a piece of fruit. Please note that we are a nut and seafood free program, so do not pack peanut butter, Nutella or tuna.



Afternoon Snack Term 2 2018

“The Service aims to meet the nutritional needs of children and to promote healthy eating habits by providing quality, health-building foodstuffs and fluids. The emphasis shall be placed on fresh and natural food that is high in fibre and low in fats and added sugar.”

Week 9: Week Commencing 11th June 2018

Monday	Tuesday	Wednesday	Thursday	Friday
QUEENS BIRTHDAY SERVICE CLOSED	Cake and Milo	Cheese, carrots sticks and biscuits	Hot soup and wholemeal bread	Deli meat and cheese sandwiches

Week 10: Week Commencing 18th June 2018

Monday	Tuesday	Wednesday	Thursday	Friday
Baked beans and toast	Fresh fruit and cookies	Beef 2 minute Noodles	Rice cakes with jam and vegemite	Special Treat

Week 11: Week Commencing 25th June 2018

Monday	Tuesday	Wednesday	Thursday	Friday
Deli meat and cheese sandwiches	Hot soup and wholemeal bread	Cake and Milo	Cheese, carrots sticks and biscuits	Beef 2 minute Noodles

Afternoon Snack is also served with a mixed fruit platter, Weetbix (Low GI Food) and a drink of milk or water

Late snack is served at 5:45pm and usually consists of Carrot sticks, Cheese sticks, Saladas or sultanas

Breakfast is a combination of low GI cereals and toast with a drink of milk or water

Please note that breakfast is only served between 7:00am and 8am

If you feel that your child will not enjoy the meals provided, please pack a sandwich and a piece of fruit. Please note that we are a nut and seafood free program, so do not pack peanut butter, Nutella or tuna.